

Live Everyday to the Full

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Dr. Michelle Lau emigrated from Hong Kong to the United States in 1994. She graduated from UC Berkeley with Highest Honor in Molecular and Cell Biology (Genetics). She graduated from Duke University Medical School in 2004. During her medical school years, she was awarded Clinical Research Training Program Fellowship at the National Institutes of Health. Her research in bone marrow transplant was published in the journal Blood. She is also the regional director of Asian Pacific American Medical Student Association (APAMSA). She then completed her residency in Internal Medicine at Washington University Barnes Jewish Hospital. Her work in sickle cell disease was presented in the American College of Physician Missouri Annual Conference. She is currently finishing her fellowship in Hematology/Oncology at Harvard's teaching hospital, Beth Israel Deaconess Medical Center. She is honored in this year's Cambridge Who's Who list. She is currently performing research on Cancer and Asian Americans.

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In year 2000, I graduated from UC Berkeley. While I was very excited to move across the country to Duke University for medical school, it was the first time I left my parents and my little sister to be on my own. Suddenly, the world seemed to be much bigger. In fact, it was too big to be comfortable. Yet, little did I know about what adventures lies ahead. At Duke, I met my husband, James Chien, in a school sponsored party. Since then, two of us has explored the United States and beyond. We lived in the South, at Durham, NC. We moved to the mid-west, and finished our residency in St. Louis, MO. We then came to the East Cost, where we currently lived. In the next couple of years, we will be moving to Phoenix, AZ. Meanwhile, we have traveled to many different places, from medical mission to Jamaica to cultural trip to Macau. Everywhere we went, we met new friends and learned new things along the

way. Being an oncologist, I have learned very quickly that life is very unpredictable. Yet, with an adventurous spirit and an open heart, everyday is an exciting and blessed day.

I would like to share my favorite quote from *Bits and Pieces*: **"I believe in a master plan in our lives. People move in and out of each others' lives and each leaves their mark on the other. You find you are made up of Bits and Pieces of all who have ever touched your life. And you are more because of it and would be less if they had not touched you. Pray that you accept the Bits and Pieces in humanity and wonder, yet never question and never regret..."**

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