

## American Chinese Medical Exchange Society 2010 Annual Conference

[*NA J Med Sci. 2010;3(4): 221.*]

On October 30, 2010, American Chinese Medical Exchange Society (ACMES) held her annual conference at the Best Western Hotel near Harvard Medical School featuring "Asian Health Education", participated by nearly 300 physicians and health care professionals across the country, including visiting physicians and scholars from China.

The program started at 3:00PM with special topic forums on diabetes, autism, hepatitis B, and cancer therapy. The forums were presided over by Dr. Danru Lee, attending physician of internal medicine at BIDMC.

The diabetes panel was hosted by Dr. Zhao Liu, an endocrinologist from Beverly Hospital in Massachusetts. Endocrinologist Yanping Kong from the Dartmouth-Hitchcock Medical Center in New Hampshire talked about cardiovascular complications of diabetes and the newest clinical progress; Harvard affiliated Brigham & Woman's Hospital Assistant Professor and Epidemiologist Dr. Yiqing Song described the most serious risk factors associated with the Chinese community, as well as the latest progress in preventative research.

Three autism experts shared their perspectives on the disease during the autism session. Dr. Katherine Martien, a Neurodevelopmental Pediatrician and Autism expert from Mass General Hospital's pediatric outpatient Ladders clinic, talked about new EEG evidence of autism and treatment considerations. Dr. Bailin Wu, the Director of Genetic Lab of Children's Hospital Boston, introduced his newest genetic study and breakthroughs on autism research. Dr. Jing Liu from Mass General Hospital introduced a new diagnostic option and treatment for autism: Using functional magnetic resonance imaging (fMRI) to detect the distribution of blood flow to the brain, as well as for the rational of the use of acupuncture for autism.

The session on Hepatitis B began with BIDMC liver disease specialist Dr. Daryl Lau introducing Hepatitis B treatments and the newest progress in preventative measures. Dr. Rebecca Miksad is an Oncologist and specializes in liver cancer from BIDMC who conducted a detailed analysis for the incidence of hepatitis B and liver cancer in Asian populations.

In the Cancer session, Dr. Rebecca Miksed of BIDMC shared the newest progress in liver cancer treatment - targeted treatment with systemic therapy. The Director of MGH Center for Translational Pain Research, pain specialist Dr. Jianren Mao talked about the progress made in opioid therapy for cancer-related pain. The President of the Massachusetts Society of Chinese Medicine, Dr. John Zhang, spoke about his research of acupuncture for treating cancer patients.

The afternoon Asian health Education Forum ended with a lecture on "Hepatoma from an Oncology Point of View"

delivered by Dr. Ruth He of Georgetown University School of Medicine.

The conference dinner banquet started with a welcome speech by the Conference Chair Xylina Wu, vice president of ACMES. Then the President of ACMES Dr. Xuejun Kong reviewed the ACMES' accomplishment of the past year. Dr. Kong reiterated the mission of ACMES as a non-profit 501C(3) organization for medical professionals and called for continued support. Dr. Kong also summarized ACMES achievements, includes establishing and supporting two medical magazines "*North American Journal of Medicine & Health*" (in Chinese) and "*North American Journal of Medicine & Science*" (in English). The English journal, a peer-reviewed medical professional publication, with 9 issues successfully published, focuses on the major health issues and disparities in the Asian community as well as the research and development of Chinese and Western medicine linkages, and works as a platform for the promotion of Sino-American and international medical exchange. The next issue will be a special edition featuring hepatitis by Hepatologist Dr. Keqin Hu as acting chief editor. The magazine plans to feature common diseases next year occurring in the Asian community, including diabetes, hypertension, cancer, autism, etc, with special editions or supplements. Dr. Kong specially thanked all editors, reviewers, publishing staffs, volunteers and many contributed articles, critiques and connections who worked behind the scenes. She sincerely invites more physicians and healthcare professionals with the shared passion and spirit to join the effort and make difference to our community and global health.

The highly regarded liver disease expert Dr. Myron Tong, Professor of Medicine and Surgery, Phleger Liver Institute, Division of Digestive Diseases, delivered the keynote speech which featured prevention and treatment of liver cancer in Asian community.

The huge success was attributed to all the invited experts and people engaged in the preparation of the event.

Concurrently two Continuing Medical Education (CME) programs were also hosted in the same Hotel focusing on heart disease and hepatitis C which were mediated by MGH attending physician and pain specialist Dr. Lucy Chen and UMass Medical Center attending physician of Medicine Dr. Raymond Zhou. Dr. Rohit Arora of the Chicago Medical School lectured at the Heart Disease CME with a topic of "Stable Ischemic Heart Disease: Risk Stratification and Patient Identification". Dr. Victor Araya of Albert Einstein Medical Center lectured and discussed the "Hepatitis C Management Considerations in Challenging Populations" at the Hepatitis C program. Total 60 physicians participated these CME programs, concluded before 6:00PM.